

**INSIDE**



**DHRHealth**

2019

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# 2019

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DHR Health is one of the largest physician-owned hospitals in the United States and offers the most comprehensive medical care in the Rio Grande Valley.

5,511  
TOTAL EMPLOYEES

682

TOTAL PHYSICIANS

966 TOTAL NURSING PROFESSIONALS

242 ALLIED HEALTH PROFESSIONALS

113

MEDICAL RESIDENTS

7 FELLOWS

500+ BEDS

3,916,060  
LAB TESTS

46,459  
ER VISITS

6,716  
URGENT CARE VISITS

509,609  
SURGERIES  
(Inpatient & Outpatient)

444  
BARIATRIC SURGERIES

169  
COMMUNITY EVENTS  
SUPPORTED

\$387,997  
SPONSORSHIPS

FUNCTIONING  
LEVEL I TRAUMA

8,654  
BABIES DELIVERED

900  
ROBOTIC SURGERIES

1,095  
HEARTS TREATED

45

ORGAN TRANSPLANTS

## OUR VISION

To create a world-class health system to advance medicine and increase access for the communities we serve by empowering caregivers to heal through compassion, knowledge, innovation, integrated care and excellence.

## OUR MISSION

To improve the well-being of those we serve with a commitment to excellence: every patient, every encounter, every time.

DHR Health proudly meets the federal definition of a "physician-owned hospital" (42 CFR § 489.3). As required by law, a list of the hospital's physician owners and investors is available at [www.dhrhealth.com](http://www.dhrhealth.com). DHR, Ltd. and its affiliated entities comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex.

# Welcome



As I look back on 2019, I can't help but to be proud of how DHR Health has delivered excellent patient care to the Rio Grande Valley community. Serving as CEO of DHR Health is a tremendous honor and an extremely humbling experience. Caring for people is at the core of all that we do, and I am amazed at the level of dedication and heart shown by the DHR Health team to the well-being of our patients and community.

Our board, physicians, caregivers and administrators share my enthusiasm for DHR Health to continue to be the healthcare leader in South Texas that is known for providing patient-centered, transformative and innovative healthcare. We do this by prioritizing quality, safety and patient experience through our commitment to excellence—every patient, every encounter, every time.

## EVOLVING WITH OUR COMMUNITY

We're passionate about this mission because we know that our neighbors depend on us for their health, for life. With this in mind, we're constantly taking the pulse of the healthcare needs of our community and staying abreast of the latest best practices to provide true comprehensive medical care. In addition to another year of serving our community and delivering critical healthcare to South Texas, we also achieved many groundbreaking accomplishments.

This has been demonstrated through the following new services and expansions we launched in 2019:

- Expanded services in Starr County and Laredo
- Established graduate medical education residency fellowships in cardiology, gastroenterology, sports medicine and hospice/palliative care
- Began operating and functioning as the area's only Level I trauma facility
- Hired more than 25 new physicians and subspecialists
- Expanded availability of advanced treatments and technologies, such as introducing the area's only structural heart program and kidney transplant institute
- Participated in a wide range of lifesaving medical research studies
- Built upon our extensive medical education and workforce training to ensure we develop and retain highly qualified clinicians and support staff

- Participated in a record number of community outreach initiatives, including unwavering support for veterans as well as raising millions of dollars to benefit the underserved
- Received numerous certifications and accolades from outside organizations validating the exceptional level of care that DHR Health provides

In addition, we have opened new institutes and locations:

- Eye Institute
- 2 Urgent Care Centers
- Medical Office Building
- Women's Imaging Center
- Surgery Institute
- Ear, Nose and Throat Institute
- Plastics and Reconstructive Institute
- Vein Institute
- Imaging Center
- Aquatic Therapy Institute
- Therapy Institute—Mission Location

## QUALITY CARE CLOSE TO HOME

Since our founding in 2003, we've been trailblazers in healthcare delivery for the Rio Grande Valley. Through these new specialties and expansions, we're ensuring that even more patients do not have to leave the Valley for their healthcare needs. This will remain a cornerstone of our commitment to the community. DHR Health is proud to be the regional leader in healthcare, and it is a distinction we treasure. The trust our community places in us is not something we take lightly or for granted. It is a privilege to provide local access to world-class care for the people of the Rio Grande Valley—a privilege we work hard to earn every day. I am most appreciative of all of our caregivers, physicians, team members and the board of managers for their help and trust as we lead our course ahead.

Thank you for trusting DHR Health.

Sincerely,

**Manish Singh, MD, FACS, FASMB**  
Chief Executive Officer

# NICU

## SAYING THANKS BY GIVING BACK

**READING TO INFANTS**, especially preterm infants, has been shown to improve their cognitive development. In 2017, the Ayala family forever changed the Neonatal Intensive Care Unit (NICU) at DHR Health Women's Hospital by organizing a book drive to create Theo's Library. The library, named in honor of the Ayalas' eldest son, Theo, who was a patient in the NICU in 2016, now carries more than 5,000 books. In 2019, Theo's brother, Enoch, was cared for in the same NICU by Dynio Honrubia, MD, Emil Milano, MD, and Jyothi Swarup, MD.

Born at 3 pounds 12 ounces on July 8, Enoch came into this world at just shy of 31 weeks and spent seven weeks in the NICU. In November, months after discharge, his mother, Ana, noticed Enoch's breathing wasn't right and that he was in distress. She immediately began mouth-to-mouth and called Nurse Tracy in the NICU directly. Knowing the family lived close by, Dr. Honrubia told her to bring the baby in immediately.

Enoch was diagnosed with type A flu, quickly stabilized and treated. Ana says she thanks God for guiding her actions during that scary moment when Enoch was near death. "You have to have faith through it all," she says. "DHR Health is like family to us. They have helped us so much throughout all these years."

Today, a sturdy 22 pounds, Enoch is crawling, sitting up and saying "Momma" and "Dadda."

"We have been blessed beyond all belief," says Ana. "Dr. Honrubia is one of the humblest people I know and is the baby whisperer. He LOVES babies. Dr. Milano is incredible at reading Enoch's needs. Dr. Swarup is an amazing man and advocate. The nurses are my baby boy's watchdogs, protectors, advocates. Enoch wouldn't be as strong as he is today without their constant care."



NICU team members, including Alan Esmilla, RN, Director of the Neonatal Intensive Care Unit at DHR Health (top right) and Dynio Honrubia, MD, Neonatologist (bottom left).



University of Houston College of Pharmacy Site of the Year Award.

# CARE OF THE HIGHEST QUALITY

**AT DHR HEALTH**, our mission is to improve the well-being of people living in the communities we serve through a commitment to excellence: every patient, every encounter, every time.

We carry out that mission by continuously investing in the clinical expertise, technological capabilities and institutional support necessary for the effective prevention, diagnosis and treatment of disease.

Our success in providing the highest levels of care has been recognized and certified by numerous outside organizations. For example, accreditation and certification by the independent, nonprofit The Joint Commission is granted only after unannounced on-site visits and ongoing data

collection. DHR has received Joint Commission recognition in the areas of Diabetes Mellitus, Pediatric Asthma, Hip Replacement and Knee Replacement.

We're also certified as a Comprehensive Stroke Center by The Joint Commission and The American Heart Association. And we're proud to be the only South Texas facility accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), a recognition that we conform to internationally accepted standards of excellence.

DHR Health is proud of the expert, caring medical professionals and staff who have enabled us to earn these and many other awards and certifications.

# AWARD WINNING PATIENT CARE

Below are just some of the national and state quality recognitions that DHR Health consistently receives.



Designated  
**BlueDistinction®**  
Center+  
Spine Surgery

KNEE AND HIP REPLACEMENT  
SUBSTANCE USE TREATMENT AND RECOVERY



UNIVERSITY of **HOUSTON**  
COLLEGE OF PHARMACY



A QUALITY PROGRAM  
OF THE AMERICAN  
COLLEGE OF SURGEONS



**TEXAS**  
Health and Human  
Services

DIABETES MELLITUS  
HOSPICE  
JOINT REPLACEMENT - HIP  
JOINT REPLACEMENT - KNEE  
PEDIATRIC ASTHMA



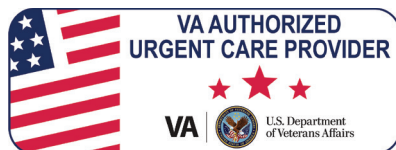
The Joint  
Commission®



American Heart  
Association®  
American Stroke  
Association®

CERTIFICATION

Meets standards for  
**Comprehensive Stroke Center**



# FROM DIAGNOSIS TO REHABILITATION: CONTINUITY OF CARE

**WORKING AT HIS DESK** one Monday morning, Greg Turley felt a small, centralized pain in the middle of his chest. Despite being an active marathon runner and a triathlon participant with no previous health issues, he was concerned. Later that day, he went to a previously scheduled appointment for a routine checkup with his primary care doctor, Dimple Desai, MD, at the DHR Health Wellness Institute and mentioned the pain to her.

After an exam and assessment, Dr. Desai sent Greg directly to the DHR Health Emergency Department. There, he was diagnosed with a possible myocardial infarction (heart attack) and sent to the Cardiac Cath Lab for further tests and possible treatment.

Greg's diagnostic images were reviewed by Norman Ramirez, MD, an interventional cardiologist at DHR Health Structural Heart, Valve and Endovascular Institute, who consulted with cardiovascular surgeon Jaime Villarreal, MD. The images revealed blockages in at least two arteries with evidence of a 90 percent blockage in his major artery. Greg was taken directly to the surgical suite for bypass surgery. Surgery went well, and he was moved to the DHR Health Cardiac Intensive Care Unit. After progressing as medically expected, he was transferred to DHR Health Rehabilitation Hospital, the only hospital in South Texas accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). There, Greg received three hours of physical therapy each day and other rehabilitation services.

After 10 days, he was able to go home to complete his recovery. The next step: working to regain his strength and stamina at Outpatient Cardiac Rehabilitation Services, where he was a patient until the end of November 2019. Over the course of his six months of treatment at DHR Health, Greg says he was always impressed by the care he received. "The physicians and other care providers at DHR Health helped me not only physically, but also with emotional and psychological support. The atmosphere of comradery in both the inpatient and outpatient rehab helped me greatly, too."





Greg Turley is back to his active lifestyle.

# LEVEL I TRAUMA: PROVIDING TOP CARE LOCALLY

**THE MORE THAN 1.3 MILLION** residents of the Rio Grande Valley no longer have to be transported up to 230 miles away to be treated for serious medical events such as crush injuries, falls, gunshot wounds and injuries sustained in motor vehicle crashes.

On May 1, 2019, DHR Health was designated by the state as a Level I Trauma Center, meaning it is approved to receive cases that require highly specialized surgical care. This designation, which makes DHR Health the first functioning Level I Trauma Center in the Rio Grande Valley, is the first step to becoming verified by the American College of Surgeons as a Level I Trauma Center.

Prompt access to Level I trauma care can increase a seriously injured patient's chances of survival by 25 percent. It also means trauma patients no longer have to bear the financial and emotional burden of being transferred far from their families and support systems.

In the last three years, 836 patients were transferred to San Antonio alone due to the absence of a Level I Trauma Center in the region, according to Raul Barreda, MD, Trauma Medical Director at DHR Health.

"We finally have the support, infrastructure and the help that we need to take even better care of these patients, and to prevent transfers of these patients outside the Rio Grande Valley," says Dr. Barreda.

Some of the key elements required of

Level I Trauma Centers include 24/7 coverage by trauma surgeons and prompt availability of a comprehensive variety of specialists.

DHR Health has six trauma surgeons, with two on call each day, and on-site specialists in orthopedic surgery, neurosurgery, radiology, emergency medicine, internal medicine and critical care, among others.

Since opening as a Level IV Trauma Center in 2012, DHR Health has been committed to advancing our trauma services. During that time, about 10,000 trauma patients have been seen and treated.

## AT THE FOREFRONT OF CARE

"DHR Health has been at the forefront of trauma care in the Rio Grande Valley for many years now," says Dr. Barreda. "The coordination of care from our team allows us to provide the highest level of trauma care available at a moment's notice."

In addition to improving trauma care for the communities we serve, the establishment of DHR Health as a Level I Trauma Center is giving resident physicians in the Rio Grande Valley valuable experience with the care of complex trauma patients.

DHR Health is affiliated with the University of Texas Rio Grande Valley School of Medicine and has invested more than \$100 million in the school's graduate education programs.



## THE PATH TO VERIFICATION

In Texas, the state Department of Health and Human Services designates trauma centers. These centers are then verified by the American College of Surgeons (ACS) to ensure they meet essential criteria established by that group's Committee on Trauma.

The ACS verification confirms that a center is providing the highest quality of trauma care by providing an objective, external evaluation of its resources and performance. A team of trauma experts completes an on-site review of the hospital and assesses relevant features of the program. These include commitment, readiness, resources, policies, patient care and performance improvement. ACS trauma verification is valid for three years.



# WORLD-CLASS REHABILITATION: RESTORING INDEPENDENCE

**AT DHR HEALTH** Rehabilitation Hospital, we're expanding our comprehensive treatment options to empower patients to live independently by providing the latest in rehabilitation care and physical therapy programs. Making these resources available right here in the Rio Grande Valley means residents can receive expert care close to home to help them recover to the greatest extent possible.

We're proud to be accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), a designation that shows we're committed to CARF's proven quality standards and to patient satisfaction. As the only CARF accredited facility in the city of Edinburg and the only CARF certified stroke program in South Texas, we provide the highest level of care to those seeking to regain their independence. We're also accredited by The Joint Commission, a global driver of quality improvement and patient safety in healthcare.

Our highly trained team of physicians, therapists, nurses and staff works seamlessly to develop treatment plans and monitor patient progress.



### THE HEALING POWER OF WATER

The new DHR Health Aquatic Therapy Institute provides treatment that combines the benefits of exercise and physical therapy with the advantages of warm water to meet functional goals and improve quality of life for patients. Specialty-trained therapists leverage the warmth, buoyancy and resistive properties of water to manage pain, reduce stiffness, increase joint mobility and optimize strength.



### PELVIC FLOOR THERAPY: IMPROVING QUALITY OF LIFE

For patients with problems such as urinary leakage, hesitancy or frequency; pelvic pain; low back pain; and groin injuries, DHR Health Pelvic Floor Therapy delivers evidence-based, outcomes-driven care. Expert physical therapists use treatments including biofeedback, postural correction, bladder retraining, manual therapy and Transcutaneous Electrical Nerve Stimulation (TENS) to help patients find relief from pelvic pain and urinary dysfunction.



### HEALING HAND THERAPIES

The DHR Health Orthopedic and Sports Therapy Institute is proud to offer the specialty service of hand therapy rehabilitation. Hand therapy treats orthopedic upper-extremity conditions of the hand and arm. Conditions seen by the occupational therapist trained in hand therapy include fractures, lacerations, amputations, burns and surgical repairs of tendons and nerves.

Outpatient therapy also helps patients suffering from tendinitis, rheumatoid arthritis, osteoarthritis and carpal tunnel syndrome. The ultimate goal of hand therapy is to ensure that the rehabilitation process promotes healing while also enabling clients to perform meaningful activities in their daily lives. Hand therapy engages the patient in focused activities and exercises to aid the healing process and foster positive outcomes for quality-of-life activities.

CONTINUED ON NEXT PAGE.

WORLD-CLASS REHABILITATION, CONTINUED.



## GETTING BACK TO LIFE AFTER LIMB LOSS

With specialized equipment and an interdisciplinary team of highly trained professionals, the DHR Health Rehabilitation Hospital is uniquely positioned to help patients who have lost a limb or have a congenital deficiency reach their highest potential. We support patients as they cope with the trauma of limb loss and prepare affected limbs for a possible prosthesis, while also teaching the skills needed to achieve maximum independence without a prosthesis. To help patients regain motor strength and control, we offer the LiteGait partial-weight-bearing gait therapy device and the NuStep recumbent cross trainer.



## HELP FOR RECOVERING HEARTS

Cardiac rehabilitation plays a crucial role in reducing the potentially devastating effects of heart disease and improving quality of life for patients and their families. The DHR Health Therapy Institute houses the only cardiac rehabilitation center in the Rio Grande Valley. It's part of a continuum of care that also includes the DHR Health Heart Institute—the largest, most comprehensive cardiology team in the area.



## BRINGING SMILES—AND HEALING

Jaxx, the DHR Health patient therapy dog, is specially trained to comfort and reassure patients as they go through their recovery journey. Animal-assisted therapy has been shown to reduce pain and anxiety, lower blood pressure, reduce the amount of medications needed, diminish overall physical pain and help people relax more during exercise and physical therapy.



## USING MUSIC TO IMPROVE BRAIN FUNCTION

Neurologic music therapy is a tool used to treat patients with neurologic conditions, including stroke, Parkinson's disease and traumatic brain injury. The goal of our certified neurologic music therapist is to use the rhythmic and melodic components of music to stimulate areas of the brain that can't be targeted with other types of therapy.



# A PARTNERSHIP WITH IMPACT

An affiliation between DHR Health and Starr County Memorial Hospital brings even more healthcare services to Starr County.

**IN THE RIO GRANDE VALLEY**, which stretches across four counties, many residents still live 30 minutes or more away from a major hospital. But when complex medical care is needed, patients and their families benefit from having the option to be treated close to home.

That's what drives the collaboration between DHR Health and Starr County Memorial Hospital. In May, 2019, the two organizations announced a formal affiliation that will further expand services available to Starr County residents, enabling them to stay in their own community for care.

In addition, the collaboration aims to improve overall health and well-being in Starr County. The two hospitals will partner to provide residents with education about disease prevention and management.

The affiliation builds on a collaboration that began in 2015, when DHR Health and Starr County Memorial Hospital agreed to increase the presence of surgical specialties in Starr County. DHR now

has three multispecialty clinics in Starr County, with physicians in the areas of Gastroenterology; Cardiology; General Surgery; Bariatrics; Diabetes and Endocrinology; Otolaryngology; Neurology; and Urology. In addition, DHR Health and Starr County Memorial Hospital brought in more hospitalists and emergency medicine physicians, who have now cared for more than 8,000 people in Starr County.

Other services in development for Starr County include Rehabilitation; Hyperbaric Services (Wound Care); Telemedicine in Cardiology and Neurology; Inpatient Nephrology; Critical Care (ICU); and Hospice Services.

"I am so excited about the opportunities that lay in front of us," says Carlos J. Cardenas, MD, Chief Administrative Officer and Chairman of the Board at DHR Health. "The affiliation between our two great facilities and the ability that we will have together to deliver higher levels of care in our communities is tremendous."



DHRHealth  
Urgent Care



## FAST, AFFORDABLE URGENT CARE

**URGENT CARE** facilities are a preferred choice for people in need of prompt, quality care for non-life-threatening injuries or illnesses. In our continuing journey to offer more services to local residents, DHR Health has opened a second Urgent Care location, this one in South McAllen. It joins DHR Health Urgent Care location in North McAllen.

At any DHR Health Urgent Care location, a physician or nurse practitioner treats patients with high-quality medical care for conditions such as cold or flu, rash and skin irritations, wounds requiring stitches, minor burns and more. Services include in-house diagnostic testing and X-ray imaging capabilities, as well as physical exams. No appointment is necessary, and all insurance plans are accepted.

Urgent care fills the gap between primary care and hospital emergency rooms, offering increased convenience and cost savings. On average, DHR Health Urgent Care visits cost five to 10 times less than a visit to the emergency room, including freestanding emergency rooms.



# VISIONARY EYE TREATMENT

The new DHR Health Eye Institute helps Rio Grande Valley residents see more clearly.

**COMMUNITY RESIDENTS** no longer need to travel out of the area for specialty eye care. The DHR Health Eye Institute offers a full spectrum of services, from eye exams to advanced testing and treatment of complex conditions.

Comprehensive eye exams can identify developing conditions as well as determine the need for eyeglasses or LASIK (laser) vision correction. Particular needs identified by Eye Institute ophthalmologists include early diagnosis and treatment of:

- **Diabetic retinopathy**, sometimes called “diabetic eye disease,” in which blood vessels to the eye are damaged by high blood sugar
- **Glaucoma**, or damage to the optic nerve due to a buildup of fluid
- **Macular degeneration**, often caused by abnormal blood vessel growth
- **Ocular surface disease**, known as “dry eye disease,” in which tears don’t provide adequate lubrication, leading to discomfort and potential damage to the cornea, the eye’s clear, protective outer layer.

If a patient has a damaged cornea, a corneal transplantation of donor tissue may be needed. DHR Health Eye Institute ophthalmologist Rachel Gelman, MD, is an expert in this procedure, including an advanced form of it known as Descemet Membrane Endothelial Keratoplasty (DMEK). “The cornea has various layers and has to be transparent and thin for it to do its job well,” explains Dr. Gelman. “With DMEK, we replace the damaged part exclusively, leaving the remainder of the original cornea intact, thereby accelerating healing and improving outcomes. This is revolutionary.”





On January 31, 2020, the DHR Health Neuroscience Institute unveiled a new neuroscience step-down unit.

# IMPROVING ACCESS TO NEUROLOGIC CARE

**DHR Health has expanded the comprehensive care it offers for stroke, spine surgery, epilepsy and more.**

**DHR HEALTH** Neuroscience Institute's new 12-bed step-down unit provides additional access to world-class neurological expertise.

"The new unit makes it feasible for all neurological cases to be treated at home in our state-of-the-art facilities, with our staff committed to excellence," says Juan Padilla, MD, Chief of Neuroscience.

The step-down unit, which will provide care to neurology, neurosurgery and epilepsy patients, has the latest cardiac and EEG monitoring equipment, as well as an epilepsy monitoring room for pediatric patients.

Patients come to the DHR Health Neuroscience Institute with a range of challenging brain and nervous system disorders, including stroke, Parkinson's disease, epilepsy and dementia. There they find a multidisciplinary neuroscience group that has made the Institute the region's premier center for neurology and neurosurgery, as well as

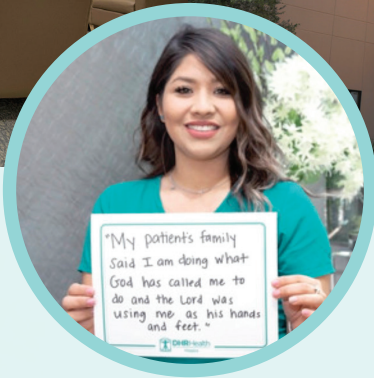
physical, occupational and speech therapy.

The DHR Health Neuroscience Institute is distinguished for its stroke care: It is designated as a Level I Comprehensive Stroke Center by the Texas Department of State Health Services and by The Joint Commission, an independent national quality-monitoring group.

The Institute is also home to the region's only Blue Cross and Blue Shield of Texas Blue Distinction Center for Spine Surgery, with demonstrated expertise in cervical and lumbar fusion, cervical laminectomy and lumbar laminectomy/discectomy procedures.

The Spine Surgery Center has the region's only fellowship-trained spine surgeons:

Achal P. Patel, MD, Neurosurgeon and Medical Director of the Spine Center of Excellence, and Jaime Villarreal, MD, Orthopedic Surgeon at the Orthopedic Institute.



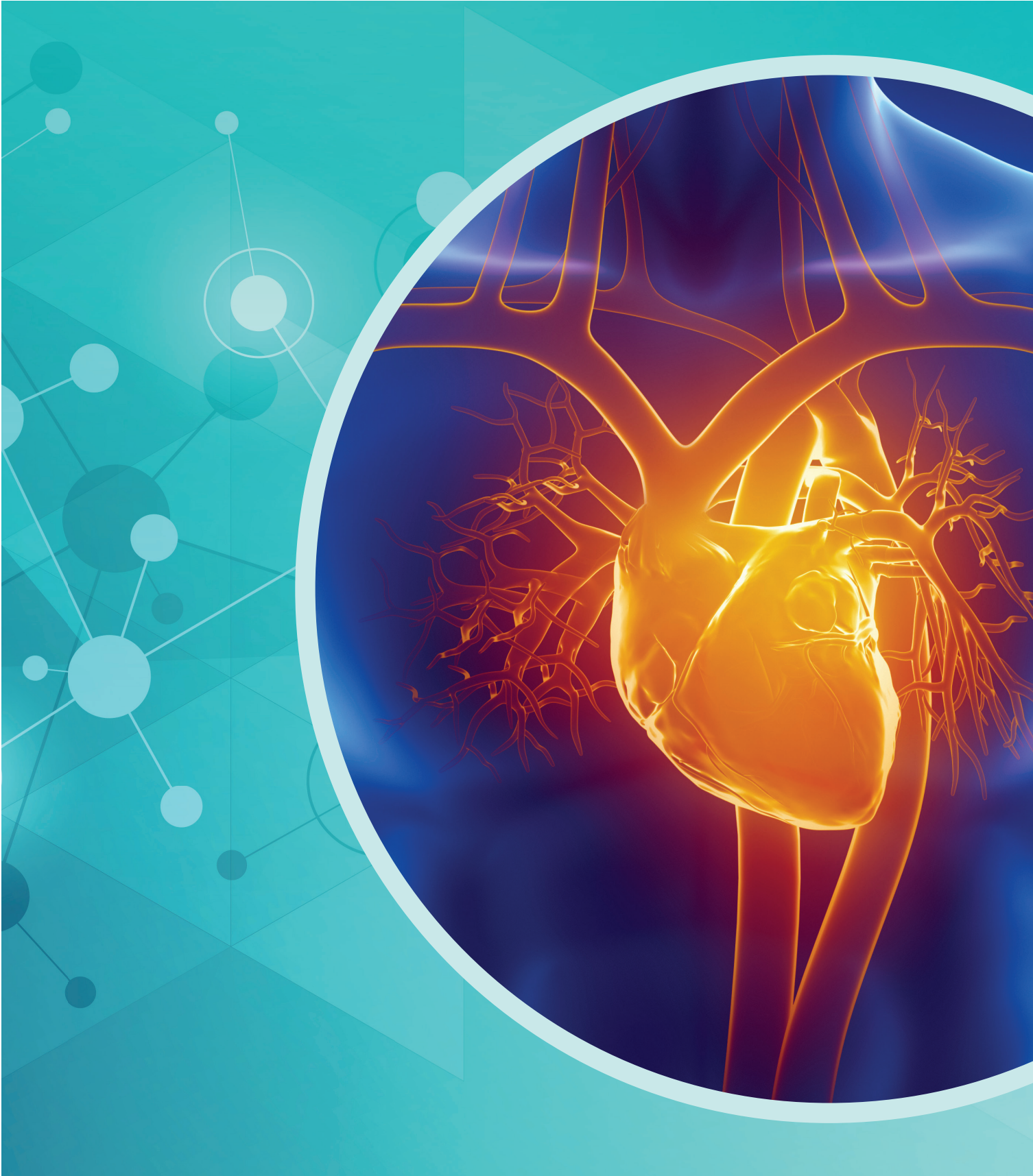
# HOSPICE: CRITICAL SUPPORT AND PALLIATIVE CARE

**WHEN SOMEONE** reaches the end stage of a progressive disease like cancer or dementia, hospice offers help for patients and families, providing important palliative care and emotional support. DHR Health Hospice is accredited by The Joint Commission, and the 20,000-square-foot facility includes many amenities conducive to providing highly specialized care. Facilities include:

- 25 private patient rooms with accommodations for the patient and family, smart TV with HDMI, private half-bath/bath and personal wardrobe
- Meditation room
- Family room, reading and conversation areas
- Family dining area
- Children's activity room
- Family consultation room
- Showers for overnight visitors
- Laundry facilities for families' and patients' private laundry
- Internet access for patients and visitors.

In addition to expansive, family-friendly facilities, DHR Health Hospice offers an expert team that provides invaluable care and support.





# CUTTING-EDGE CARDIAC CARE

**New, minimally invasive interventions are now available in the Rio Grande Valley.**

**WITH THE FORMATION** of the DHR Health Structural Heart, Valve and Endovascular Institute, residents in the Rio Grande Valley can now take advantage of the latest treatments for heart disease, close to home.

Heart disease affects nearly half of U.S. adults. Some of the most common forms are atrial fibrillation (AFib), mitral regurgitation and severe aortic stenosis. New technologies and treatments for these conditions allow procedure- and device-related complications to be minimized or reduced.

The team of cardiologists at the new DHR Health Structural Heart, Valve and Endovascular Institute works with interventional cardiologists at the award-winning DHR Health Heart Institute, as well as with referring physicians, to develop individualized treatment plans for each patient.

The advanced treatments allow patients to avoid the risks of traditional, invasive surgery, which can require a lengthy recovery time. New options include:

**Transcatheter Aortic Valve Replacement (TAVR):** In this procedure, a replacement heart valve is inserted via an artery in the leg and then guided through arteries to the heart. Once in place, the device expands and takes over the diseased valve's function to enable oxygen-rich blood to flow efficiently.

**Transcatheter Mitral Valve Repair (MitraClip Procedure):** With mitral regurgitation, blood leaks backwards through the mitral valve, impeding its normal flow through the heart. In the MitraClip procedure, a small device attached to the mitral valve allows the valve to close more completely.

**Left Atrial Appendage Closure (WATCHMAN):** AFib involves an irregular heartbeat (arrhythmia) that can lead to blood clots, stroke and other complications. WATCHMAN is a permanent implant that closes off an area of the left atrial appendage of the heart to keep blood clots from forming and entering the blood stream.

The DHR Health Structural Heart, Valve and Endovascular Institute is the first in the Rio Grande Valley to offer these advanced treatments.

Breast cancer survivor Martha Rangel with Pamela Bruce, LVN, her patient navigator.





# BREAST CANCER: ANGELS OF HEALING

**MARTHA RANGEL** was diagnosed with breast cancer in April 2019 after discovering a large lump in her right breast. With her young daughters, ages 14 and 10, in mind, she was determined not to let the disease win.

“All the people at DHR Health are extremely knowledgeable,” says Martha. “Every single one of my nurses is very nice and knows what they’re doing. Pamela Bruce, my patient navigator, walked me through the whole thing. She was the first angel I bumped into on my road to healing.”

Martha says her whole care experience was seamless and that she was well supported. “The Renaissance Cancer Foundation at DHR Health even gave me a donation to pay for my chemotherapy. I’m extremely grateful—I wouldn’t have been able to afford it otherwise.”

To her healthcare team, Martha is characterized by her positivity, strength and empathy. During her treatment, she was a comfort to her fellow patients. She often sat with new patients in the front lobby of the Advanced Care Center before being called in for her appointment. Martha did her best to reassure them through prayer and words of advice based on her own experience.

Now, Martha has finished her breast cancer treatment, and she has a message for other women. “I know it’s bothersome to get a mammogram,” she says, “but it can save your life. Breast cancer is very treatable in the early stages, so discovering it early is important.”



# EVENTS WITH IMPACT

To help people live their healthiest lives, DHR Health supports and organizes many community events each year. From health education and disease prevention to fundraising galas, here's a look at some 2019 highlights.



## RENAISSANCE CANCER FOUNDATION GALA

With more than 10 consecutive years of successful fundraising for oncology patients, the Renaissance Cancer Foundation Gala has become a highly anticipated annual tradition. The 2019 gala, “Music Con Soul,” was held on December 8 and raised more than \$405,000 to help the foundation support cancer patients in need.

The band that entertained guests at the 2018 gala, Big Swing and the Ballroom Blasters, was back by popular demand. The 17-member band from Atlanta performed a sizzling mix of Latin beats and classic Motown that had the 800 guests dancing the night away.

Based on the belief that the only thing a cancer patient should worry about is healing, the Renaissance Cancer Foundation provides financial assistance, advocacy and guidance to underserved cancer patients of the Rio Grande Valley.





## 14TH ANNUAL FISHING FOR HOPE TOURNAMENT

One of the largest nonprofit fishing tournaments on the Texas coast, the DHR Health Fishing for Hope Tournament is a fun-for-all-ages event held each year in August. The 2019 tournament on South Padre Island featured a live concert, dinner and the legendary stars auction.

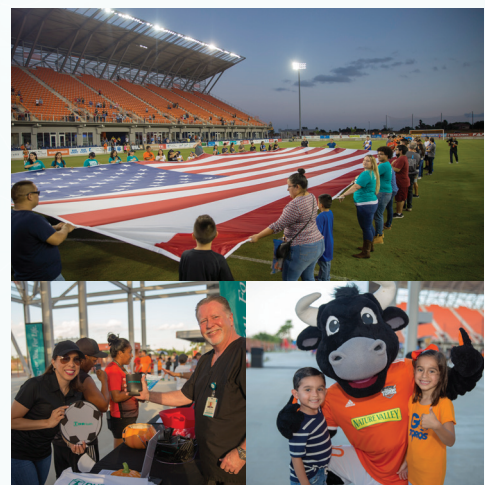
All proceeds from the tournament benefit the Hope Family Health Center (HFHC). Located in McAllen, HFHC provides free health services in an open and accepting atmosphere to anyone living in the Rio Grande Valley who is without access to healthcare or medical insurance. HFHC is run by local volunteer physicians and staff who have come together to contribute to this worthy cause, providing more than 1,800 patients access to physician visits, medication, educational seminars, counseling services and lifesaving surgeries.

At the 2019 Fishing for Hope Tournament, 720 anglers and 1,200 guests donated a record-breaking \$315,000. Over the past 14 years, DHR Health has raised more than \$2.9 million for HFHC through the tournament, helping HFHC to continue its important work.



## RETRAIN THE BRAIN 5K

In May—National Stroke Awareness Month—425 people registered for the inaugural DHR Health Retrain the Brain 5K, Fun Run and Memory Walk. The event, held in HEB Park, included a health expo, stroke awareness education and Retrain the Brain 5K T-shirts and medals for participants. Retrain the Brain raised \$4,088.20 for the Renaissance Cares Foundation, which funds programs that help people living in the Rio Grande Valley receive health services, learn how to prevent and manage health problems and receive nutritional guidance. Whether a first-time mother needs in-home education or a veteran's family is seeking counseling, the Renaissance Cares Foundation offers comfort and support.



## DHR TOROS GAME NIGHT

In September 2019, the community was invited to watch the Rio Grande Valley Football Club Toros play at DHR Health Game Night in honor of Prostate Cancer Awareness month. Free health screenings, giveaways and more were on offer at this family-friendly event hosted by DHR Health Urology Institute and DHR Health Pelvic Floor Therapy.

Raising community awareness of prostate cancer is critical, as 1 in 9 men will be diagnosed with the disease during his lifetime.

CONTINUED ON NEXT PAGE.

EVENTS WITH IMPACT, CONTINUED.



## MOTHER TO BEE EXPO

In February 2019, DHR Health and DHR Health Women’s Hospital held the inaugural Mother to Bee Expo. The event is designed to help new and expecting mothers to learn more about health and wellness topics for both their babies and themselves. Mothers were able to interact with healthcare professionals and ask questions while learning about local resources.

Located at the Edinburg Conference Center at Renaissance, the Mother to Bee Expo featured presentations by local physicians, educational workshops, fitness activities and cooking demonstrations. Participants learned about Lamaze, baby safety, how to prepare quick, healthy snacks and how to keep active before and after delivery. Dads learned about baby basics, such as changing a diaper, swaddling a baby, feeding tips and how to support their partner. These informational sessions were designed to empower parents throughout pregnancy and to prepare them for the arrival of their babies.

More than 50 vendors were at the Expo, and a Maternity Fashion Show featured pregnancy wear from local shops. The event was attended by more than 1,000 guests.



## NICU REUNION

Women’s Hospital employees raised more than \$13,000 for our 2019 NICU Reunion, an event that reunites our tiniest patients with the doctors and nurses who cared for them.



## HOLIDAY GIFTS FOR KIDS

Every year, DHR Health partners with the City of McAllen, the City of Edinburg, the City of Pharr and the Mission Police Department to spread joy during the holidays by distributing toys to children in need. Our doctors and staff hit the stores in early December to buy toys for this heartwarming program.



## ACTIVE SHOOTER TRAINING

In the face of an emergency, it is important for civilians to be prepared with the appropriate medical and safety training. In 2019, DHR Health partnered with the Hidalgo County Sheriff's Office, first responders and our local law enforcement agencies to hold events to educate the community about what to do in the event of an active shooter or other critical incident.

"Active shooter incidents are often chaotic and unpredictable, and for this reason it is imperative that we have good communication," says Raul Barreda, MD, DHR Health Trauma Medical Director.

At the Active Threat, Active Shooter Symposium held in July, local school districts, law enforcement agencies and the medical community came together to discuss the pressing issue of school shootings and learn how to recognize and stop the path to violence.

In September, civilian Active Shooter Training was offered to the community. Attendees learned strategies for how to respond during an active shooter incident. In addition, instructors trained in Stop the Bleed—a program of the American College of Surgeons Committee on Trauma—were available to answer questions about how to stop bleeding in a severely injured person. The training was open to the public and offered free of charge.



## IN MEMORY OF A FALLEN HERO

Trooper Moises Sanchez  
1970-2019

# OUR VERY VALUED VOLUNTEERS

**AT DHR HEALTH**, teen and adult community members provide meaningful services to patients of all ages. Whether holding and rocking newborns in the Cuddle Club, coordinating special events for pediatric patients or helping to welcome visitors, volunteers bring enthusiasm and compassion that supports extraordinary patient care. Here's a selection of programs and events overseen by our Volunteer Services Department and powered by volunteers:



## AT THE HOSPITAL

**Adult Volunteer Program:** Diverse individuals, including working professionals, retirees and senior citizens, interact with patients and provide clerical and administrative support to hospital team members.

**VolunTEENS Program:** High school students ages 15 to 18 work in a variety of departments, both year-round and in a special eight-week summer program.



**Holiday Programs and Events:** Valentine's Day deliveries, Easter egg hunts, Halloween activities and toy drives are fueled by volunteers. In December, holiday carolers from various schools visit throughout the month and schoolchildren make cards that are distributed to all patients on campus.



**Treasure Chest Program:** Eleven treasure chests in various stations around campus encourage positive patient participation and coping during medical experiences.

**Teen Advisory Board:** This group was developed to assist DHR Health in making the Children's Hospital more teen-friendly.

**New This Year:** Pet Therapy and Music Therapy programs reduce anxiety and stress and bring joy to patients.

Photos: Janice Teppo is a NICU Grandma—the name affectionately given to Cuddle Club volunteers at DHR Health Women's Hospital. She has been holding and singing to babies in the neonatal intensive care unit since 2015, helping to offset early trauma and potential developmental delays.



## IN THE COMMUNITY

### Healthy Habits Education:

Dr. Ted E. Bear and his Fun-ology team have delivered his “Healthy Eats. Healthy Play. Healthy Me!” presentation to school campuses in all four counties that make up the Rio Grande Valley. The greatest compliment is when the students excitedly recall their DHR Health experience or let us know that they were born at DHR Health and connect Dr. Ted E. Bear to the DHR Health brand.



### Community Drives:

School Supplies Drive in August, Food Drive during Hospital Week and Thanksgiving, Coat/Jacket Drive during November and Magazine and Book Drive year-round



### Employee Volunteers:

Our employees volunteer for programs and events administered by organizations and institutions in the communities that we serve, in the areas of wellness, education, the environment and community development.



### High School Programs:

DHR Health offers programs including job shadow days and internships to allow students to serve the community and explore careers in healthcare. We have partnered with the South Texas High School for Health Professions, the South Texas Business, Education & Technology Academy, RGV LEAD and Sylvan/IDEA Edinburg.

Top photo: Dr. Ted E. Bear teaches children about healthy habits. Bottom three photos: Members of the DHR Health VolunTEENs Program and Teen Advisory Board provide valuable assistance to the hospital and the community.

Asif Zamir, MD, with his patient Freddy Herrera.



# COLON CANCER: FAST-TRACK TREATMENT

**DIAGNOSED WITH COLON CANCER** at age 36 with no family history, Freddy Herrera doesn't fall within the usual demographic for the disease. But after throwing up and feeling pressure in his head following a workout class, Freddy knew something wasn't right. He looked for a specialist and found gastroenterologist Asif Zamir, MD, at DHR Health Gastroenterology Institute.

"I came and met with Dr. Zamir," says Freddy. "He was always very clear and compassionate. That's one of the reasons I stayed with him. I could sense that he cared." Dr. Zamir arranged for Freddy to have immediate appointments to see a cardiologist and to get an MRI. When those examinations came back clear, Dr. Zamir recommended a colonoscopy, which ultimately led to Freddy's colorectal cancer diagnosis. Dr. Zamir then made an appointment for Freddy to have surgery the next day.

"Everything moved fast because Dr. Zamir was pushing for it," says Freddy. Now, Freddy is in remission and under ongoing surveillance to keep the cancer at bay. "For me," he says, "the experience has been so great that I don't mind coming back to see the doctors. I'm happy to see the faces of the staff. They know me."

# DHR HEALTH PROVIDER UPDATES

## RECOGNIZING EXCELLENCE

DHR Health participates in the national Daisy Award program, created by The Daisy Foundation to recognize nurses whose clinical skills and compassionate care exemplify the type of nurse most appreciated by patients, their families and hospital teammates.

Each month, a committee of nurses at DHR Health selects one nurse to receive this award. The honoree is given a certificate recognizing him or her as an “Extraordinary Nurse.” The certificate reads: “In deep appreciation of all you do, who you are and the incredibly meaningful difference you make in the lives of so many people.” The honoree also receives a beautiful sculpture called A Healer’s Touch, hand-carved by artists of the Shona Tribe in Africa.

DHR Health also recognizes employees through Health Hero Awards. These awards, given since 2018, honor DHR Health employees and departments that exemplify our vision to provide world-class health services in our community. DHR Health Heroes are nominated by their peers.



Katherine Weintritt, RN,  
January 2019



Rebecca Saucedo, RN,  
December 2019



Yanelli Gutierrez, RN,  
April 2019



## WELCOMING NEW PHYSICIANS

DHR Health, one of the largest physician-owned hospitals in the nation, is dedicated to offering patients the best clinical care possible. Since April 2019, we have welcomed these outstanding physicians to our DHR family.

Lisa Brown, MD  
Palliative Care & Hospice

James Castillo II, MD  
Palliative Care & Hospice

Lisa Chapa, MD  
Breast Surgery

Diana Cortinas, MD  
Family Medicine

David Mateo de Acosta, MD  
Plastic & Reconstructive Surgery

Melecio (Mel) Jesus Medina, MD  
Otolaryngology

Dileep Menon, MD  
Cardiology

Jorge Antonio Montes, MD  
Ophthalmology

Dane Pawlowski, MD  
Family Medicine–Starr Co.

Gustavo Ramos, MD  
Neurosurgery

Diana Ruiz Elzaim, MD  
Pediatrics

Richard Sanchez, DO  
Cardiology

Fawzi Saoud, MD  
Maternal Fetal Medicine

Stylianos Sideris, MD  
Urology

Amit Taggarse, MD  
Cardiothoracic Surgery

Gregg Wendorf, MD  
Gastroenterology

## RETURNING HOME

It has been our pleasure to welcome four of our new doctors back to the Rio Grande Valley after they completed their medical education and training elsewhere.



**Lisa Brown, MD**, who was raised in Mission, completed her medical education, residency and fellowship in Houston, Dallas and San Antonio, respectively. In March 2020, Dr. Brown returned to the Rio Grande Valley to join DHR Health Hospice. She is board-certified by the American Board of Family Medicine and specializes in hospice and palliative medicine as well as geriatrics.



**Lisa Chapa, MD**, a McAllen native, joined DHR Health General Surgery Institute–Breast Center of Excellence in November 2019. She is specially trained in Breast Surgical Oncology, including: breast surgery, breast cancer, mastectomy, breast biopsy, masses, abscesses and genetic history.



**Melecio (Mel) Jesus Medina, MD**, joined DHR Health Ear, Nose and Throat Institute in August 2019. Born and raised in the Rio Grande Valley, Dr. Medina provides patients with the best and latest treatments available, including: sinus surgery, head and neck cancer surgery, speech and swallow therapy, and innovative techniques in ear surgery.



**Gregg Wendorf, MD**, joined DHR Health Gastroenterology in July 2019. Dr. Wendorf specializes in providing patients with the best digestive health and endoscopy treatment options available. His strengths include functional bowel disorders, gastroparesis and colon cancer screening. Dr. Wendorf is happy to be back in the Rio Grande Valley, where he grew up.

Gary Leatherman and  
Rosie Corona, PTA.





# PHYSICAL THERAPY: LOVING LIFE AGAIN

**GARY LEATHERMAN** began visiting DHR Health's Orthopedic and Sports Therapy Institute as a proactive measure to improve his health. With the help of physical therapy, he's now feeling better, healthier and stronger.

His care team includes Rosie Corona, PTA, and Sigifredo Perez III, PT, DPT, CSCS. "Rosie, Sigi and the rest of the staff are efficient, polite, dependable, confident, friendly, talented, professional and fun," says Gary. "They present themselves to their patients in a way that's worthy of a standing ovation. When I'm finished, I feel like a wrapped-up present."

Gary says that now, when he gets up in the morning, he stands straighter and feels better than before he came to DHR Health. "My positive thinking, which I had all the years that I taught school, is coming back."

Before any treatments, Gary says he wasn't sure he'd ever be "right" again physically. "I kept putting it off and putting it off until I finally decided to go get it done. To anyone considering therapy, I'd say, 'Don't be nervous about it, don't be afraid, trust.' And then just go ahead and do it. You've gotta have faith. That's the way I feel."



# DHR HEALTH CLINICS

## BARIATRIC

### DHR Health Bariatric and Metabolic Institute (Edinburg)

5500 Raphael Drive  
Edinburg, TX 78539  
Phone: 956-362-5673  
Fax: 956-362-2038

Alleyn, Robert, MD  
Aranguena-Sharpe, Guadalupe, MD  
Cordoba-Kissee, Michelle, MD  
Forse, R. Armour, MD  
Hernandez, Ambrosio, MD  
Martinez, Michael, MD  
Singh, Manish, MD

### DHR Health Specialty Clinic (Rio Grande City)

5326 E. Highway 83  
Building A, Suite 2  
Rio Grande City, TX 78582  
Phone: 956-362-3940  
Fax: 956-618-0351

Alleyn, Robert, MD

### DHR Health Specialty Clinic (Brownsville)

4770 N. Expressway 77-83, Suite 305B  
Brownsville, TX 78526  
Phone: 956-362-3715  
Fax: 956-362-3716

Martinez, Michael, MD

## CARDIOLOGY

### DHR Health Heart Institute (McAllen)

5521 N. McColl Road  
McAllen, TX 78504  
Phone: 956-362-8420  
Fax: 956-362-8448

Changlani, Mahesh, MD

### DHR Health Heart Institute (McAllen)

1801 S. 5th Street, Suite 114  
McAllen, TX 78503  
Phone: 956-362-8400  
Fax: 956-362-3651

Manoharan, Paul, MD  
Robalino, Benjamin, MD  
Shuaib, Tawhid, MD  
Silberman, Herschl, MD

### DHR Health Heart Institute (McAllen)

1801 S. 5th Street, Suite 130  
McAllen, TX 78503  
Phone: 956-362-8340  
Fax: 956-362-8350

Morales, Carlos, MD  
Urrutia, Hector, MD

### DHR Health Heart Institute (McAllen)

1817 S. D Street  
McAllen, TX 78503  
Phone: 956-362-8430  
Fax: 956-362-8434

Almeida, Hilary, MD

### DHR Health Heart Institute (McAllen)

1817 S. D Street  
McAllen, TX 78503  
Phone: 956-362-8490  
Fax: 956-362-8495

Eguia, Luis, MD

### DHR Health Heart Institute (McAllen)

100 E. Ridge Road, Suite A  
McAllen, TX 78503  
Phone: 956-682-1888  
Fax: 956-632-7933

Alam, SM Golam, MD  
Gonzalez, Mark S., MD  
Salcedo, Leonardo E., MD  
Sanchez, Richard, DO  
Seawell, Michael, MD  
Soto, Hector L., MD

### DHR Health Heart Institute (McAllen)

1200 E. Savannah, Suite 7  
McAllen, TX 78503  
Phone: 956-362-8460  
Fax: 956-362-8455

Mego, Carlos D., MD  
Yarra, Subbarao, MD

### DHR Health Heart Institute (Edinburg)

520 S. Closner  
Edinburg, TX 78539  
Phone: 956-362-8560  
Fax: 956-362-8565

Shuaib, Tawhid, MD  
Silberman, Herschl, MD

### DHR Health Structural Heart, Valve and Endovascular Institute

5513 Doctors Drive  
Edinburg, TX 78539  
Phone: 956-362-8590  
Fax: 956-362-8594

Ramirez, Norman M., MD

### DHR Health Heart Institute (Elsa)

119 Retama Drive, Suite C  
Elsa, TX 78543  
Phone: 956-567-2500  
Fax: 956-567-2501

Manoharan, Paul, MD

### DHR Health Specialty Clinic (Mission)

909 Business Park Drive, Suite 5  
Mission, TX 78572  
Phone: 956-362-8265  
Fax: 956-580-6869

Shuaib, Tawhid, MD

### DHR Health Specialty Clinic (Weslaco)

505 Angelita Drive, Suite 14  
Weslaco, TX 78596  
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Fax: 956-632-7933

Alam, SM Golam, MD

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Fax: 956-362-8448

Changlani, Mahesh, MD

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Fax: 956-362-8448

Changlani, Mahesh, MD

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Rio Grande City, TX 78582  
Phone: 956-362-8400  
Fax: 956-362-3651

Silberman, Herschl, MD

### DHR Health Specialty Clinic (Rio Grande City)

201 N. FM 3167, Suite 104  
Rio Grande City, TX 78582  
Phone: 956-362-3950  
Fax: 956-362-3959

Menon, Dileep, MD

## CARDIOVASCULAR SURGERY

### DHR Health Heart Institute (McAllen)

Cardiovascular Surgery  
1200 E. Savannah Avenue, Suite 20  
McAllen, TX 78504  
Phone: 956-362-8550  
Fax: 956-362-8559

Bracamontes, Francisco, MD

### DHR Health Heart Institute (McAllen)

Cardiovascular Surgery  
4419 N. McColl Road  
McAllen, TX 78504  
Phone: 956-362-8570  
Fax: 956-362-8575

Rodriguez, Filiberto, MD  
Taggarse, Amit K., MD

### DHR Health Heart Institute (McAllen)

Cardiovascular Surgery  
224 Lindberg Avenue  
McAllen, TX 78501  
Phone: 956-362-8580  
Fax: 956-362-8587

Villarreal, Jaime F., MD

## COUNSELING CENTER

### DHR Health Counseling & Psychiatry Center (Pharr)

1002 W. Sam Houston, Suite 10  
Pharr, TX 78577  
Phone: 956-362-2740  
Fax: 956-362-2749

Agapito, Adrian, MD

## DIABETES & ENDOCRINOLOGY

### DHR Health Diabetes & Endocrinology Institute (Edinburg)

2609 Michael Angelo Drive  
Edinburg, TX 78539  
Phone: 956-362-5650  
Fax: 956-362-2574

Castillo, Melany, MD  
Cordoba-Kissee, Michelle, MD  
Palacios, Juan Diego, MD  
Twhahirwa, Marcel, MD

### DHR Health Diabetes & Endocrinology Institute Pediatric and Adult Clinic (Edinburg)

2821 Michael Angelo Drive  
Suite 102B  
Edinburg, TX 78539  
Phone: 956-362-5650  
Fax: 956-362-2599

Gamez Godoy, Jose, MD  
Mulukutla, Surya Narayan, MD

**DHR Health Diabetes & Endocrinology Institute (Mission)**

2121 E. Griffin Parkway, Suite 17  
Mission, TX 78572  
Phone: 956-362-5650  
Fax: 956-362-2574

Castillo, Melany, MD  
Palacios, Juan Diego, MD  
Twahirwa, Marcel, MD

**DHR Health Specialty Clinic (Brownsville)**

4770 N. Expressway 77-83  
Suite 305B  
Brownsville, TX 78526  
Phone: 956-362-3715  
Fax: 956-362-3716

Cordoba-Kissee, Michelle, MD  
Mulukutla, Surya Narayan, MD  
Twahirwa, Marcel, MD

**DHR Health Specialty Clinic (Rio Grande City)**

201 N. FM 3167, Suite 106  
Rio Grande City, TX 78520  
Phone: 956-362-3920  
Fax: 956-362-3929

Palacios, Juan Diego, MD

**DHR Health Specialty Clinic (Weslaco)**

505 Angelita Street, Suite 14  
Weslaco, TX 78599  
Phone: 956-362-3720  
Fax: 956-854-4557

Mulukutla, Surya Narayan, MD

**EAR, NOSE AND THROAT (ENT)**

**DHR Health Ear, Nose and Throat Institute (McAllen)**

1100 E Dove Avenue, Suite 402  
McAllen, TX 78504  
Phone: 956-362-8125  
Fax: 956-362-8135

Medina, Melecio, MD  
Milov, Simon, MD  
Nguyen, Tan, MD  
Shuaib, Stefan, MD

**DHR Health Specialty Clinic (Mission)**

909 Business Park Drive, Suite 5  
Mission, TX 78572  
Phone: 956-362-8125  
Fax: 956-362-8135

Shuaib, Stefan, MD

**DHR Health Specialty Clinic (Rio Grande City)**

201 N. FM 3167, Suite 106  
Rio Grande City, TX 78582  
Phone: 956-362-8125  
Fax: 956-362-8135

Shuaib, Stefan, MD

**DHR Health Ear, Nose and Throat Institute (Weslaco)**

505 Angelita Street, Suite 5  
Weslaco, TX 78599  
Phone: 956-362-8125  
Fax: 956-362-8135

Medina, Melecio, MD  
Nguyen, Tan, MD

**GASTROENTEROLOGY**

**DHR Health Gastroenterology (Edinburg)**

5520 Leonardo Da Vinci Drive  
Suite 100  
Edinburg, TX 78539  
Phone: 956-362-3636  
Fax: 956-362-2699

Badiga, S. Murthy, MD  
Behara, Rama, DO  
Behara, Subrahmanyam, MD  
Cardenas, Carlos, MD  
Chacon, Ingrid, MD  
Herrera, Henry, MD  
Wendorf, Gregg, MD  
Zamir, Asif, MD

**DHR Health Gastroenterology (McAllen)**

1200 E. Savannah Avenue, Suite 10  
McAllen, TX 78503  
Phone: 956-362-3636  
Fax: 956-362-2699

Herrera, Henry, MD  
Wendorf, Gregg, MD

**DHR Health Gastroenterology (Mission)**

2121 E. Griffin Parkway, Suite 14  
Mission, TX 78572  
Phone: 956-362-3636  
Fax: 956-362-2699

Behara, Rama, DO  
Chacon, Ingrid, MD

**DHR Health Gastroenterology (Weslaco)**

902 S. Airport Drive, Suite 6  
Weslaco, TX 78596  
Phone: 956-362-8700  
Fax: 956-362-2699

Badiga, S. Murthy, MD

**DHR Health Specialty Clinic (Rio Grande City)**

201 N. FM 3167, Suite 106  
Rio Grande City, TX 78582  
Phone: 956-362-3920  
Fax: 956-362-3929

Behara, Rama, DO  
Cardenas, Carlos, MD  
Herrera, Henry, MD  
Wendorf, Gregg, MD

**GENERAL SURGERY**

**DHR Health Surgery Institute (McAllen)**

1100 E Dove Avenue, Suite 300  
McAllen, TX 78504  
Phone: 956-362-8170  
Fax: 956-362-8168

Barreda Jr., Raul, MD  
Cruz, Edgar, MD  
Garcia-Cantu, Carlos, MD  
Gonzalez, Jose A., MD  
Haddad, Victor, MD  
Martinez, Ricardo D., MD  
Orfanos, John G., MD

**DHR Health Surgery Institute (McAllen)**

Colon and Rectal Surgery  
1100 E Dove Avenue, Suite 300  
McAllen, TX 78504  
Phone: 956-362-8170  
Fax: 956-362-8168

Peña, Alberto, MD

**DHR Health Surgery Institute (McAllen)**

**Breast Surgical Oncology**  
1100 E Dove Avenue, Suite 300  
McAllen, TX 78504  
Phone: 956-362-8170  
Fax: 956-362-8168

Chapa, Lisa, MD  
Garcia-Cantu, Carlos, MD  
Haddad, Victor, MD  
Martinez, Ricardo D., MD

**DHR Health Specialty Clinic (Rio Grande City)**

2795 Pharmacy Road  
Rio Grande City, TX 78582  
Phone: 956-362-3930  
Fax: 956-362-3939

Barreda Jr., Raul, MD  
Cruz, Edgar, MD  
Gonzalez, Jose A., MD  
Martinez, Ricardo D., MD

**DHR Health Specialty Clinic (Weslaco)**

505 Angelita Street, Suite 14  
Weslaco, TX 78599  
Phone: 956-362-3720  
Fax: 956-854-4557

Cruz, Edgar, MD

**DHR Health Specialty Clinic (Brownsville)**

4770 N. Expressway 77-83  
Suite 305A  
Brownsville, TX 78526  
Phone: 956-362-3980  
Fax: 956-362-3979

Orfanos, John G., MD

**HOSPICE**

**DHR Health Hospice**

2655 Cornerstone Boulevard  
Edinburg, TX 78539  
Phone: 956-362-3780  
Fax: 956-362-3789

Brown, Lisa, MD  
Castillo II, James W., MD

**HOSPITALIST**

**DHR Health Hospitalist**

5501 S. McColl Road  
Edinburg, TX 78539  
Phone: 956-362-7254 or  
956-362-7251  
Fax: 956-362-7253

Bejarano, Jose, MD  
Bernal, Cruz A., MD  
Chavarria, Humberto, MD  
Garza, Jose, MD  
Jain, Dinesh, MD  
Ledesma, Raul, MD  
Lim, Sung, MD  
Liong, Ursula A., MD  
Lopez, Jose A., MD  
Lopez-Mena, Gerardo, MD  
Martinez, Adriana, MD  
Martinez III, Arturo, MD  
Martinez, Roberto D., MD  
Mathavan, Rajeev, MD  
Mendez, Oscar E., MD  
Menjivar, Juan J., MD  
Mohme, Ruben, MD  
Montes, Jorge-Jayme, MD  
Ohabor, Constantine, MD  
Pantoja-Rojas, Celia, MD  
Paris, Carlos A., MD  
Pawlowski, Dane, MD  
Rivera-Vazquez, Marimer, MD  
Seas, Manuel, MD  
Silva, Enrique, MD  
Sultan, Mahmud, MD  
Zabelny, Kara, MD

**DHR Health Pediatric Hospitalist**

5501 S. McColl Road  
Edinburg, TX 78539  
Phone: 956-362-7254 or  
956-362-5437  
Fax: 956-362-7253

Ahmed, Adnan, MD  
Alvarez, Priscilla, MD  
Lorenzo, Wilfredo Gabriel, MD  
Nasir, Mahwish, MD

# DHR HEALTH CLINICS

## MATERNAL FETAL MEDICINE

### DHR Health Maternal Fetal Medicine

2821 Michael Angelo Drive, Suite 401  
Edinburg, TX 78539  
Phone: 956-362-2470  
Fax: 956-362-2487

Baltajian, Kedak, MD  
Saoud, Fawzi, MD

### DHR Health Maternal Fetal Medicine

5119 S. McColl Rd.  
Edinburg, TX 78539  
Phone: 956-362-2090  
Fax: 956-362-2096

Hernandez, Cristela, MD

## NEUROSCIENCE INSTITUTE

### DHR Health Neuroscience Institute (Edinburg) Neurology

2821 Michael Angelo Drive  
Suite 306, Edinburg, TX 78539  
Phone: 956-362-8500  
Fax: 956-362-2448

Khabbaze, Zuka, MD

### DHR Health Neuroscience Institute (McAllen) Neurology

2108 South M Street, Suite 4  
McAllen, TX 78503  
Phone: 956-362-8500  
Fax: 956-686-8999

Gutierrez, Miguel, MD  
Rivera-Perez, Felix, MD

### DHR Health Neuroscience Institute (Edinburg) Neurointerventional Radiology

2821 Michael Angelo Drive, Suite 304  
Edinburg, TX 78539  
Phone: 956-362-8500  
Fax: 956-362-8505

Fernandez, Patricia, MD  
Noonan, Patrick, MD

### DHR Health Neuroscience Institute (McAllen) Neurosurgery

1200 E. Savannah, Suite 3  
McAllen, TX 78503  
Phone: 956-362-8500  
Fax: 956-362-8535

Atassi, Inad B., MD  
Padilla, Juan, MD  
Ramos, Gustavo, MD

### DHR Health Neurosurgery - Brain and Spine

2821 Michael Angelo Drive, Suite 306  
Edinburg, TX 78539  
Phone: 956-362-8500  
Fax: 956-362-8505

Patel, Achal, MD

### DHR Health Neuroscience Institute (Edinburg) Neuropsychology

2821 Michael Angelo Drive, Suite 304  
Edinburg, TX 78539  
Phone: 956-362-8500  
Fax: 956-362-8505

Estevis, Eduardo, PhD

### DHR Health Specialty Clinic (Brownsville)

4770 N. Expressway 77-83  
Suite 305A  
Brownsville, TX 78526  
Phone: 956-362-3980  
Fax: 956-362-3979

Rivera-Perez, Felix, MD

### DHR Health Specialty Clinic (Rio Grande City)

201 N. FM 3167, Suite 106  
Rio Grande City, TX 78582  
Phone: 956-362-3920  
Fax: 956-362-3929

Khabbaze, Zuka, MD

## ONCOLOGY

### DHR Health Gynecology Oncology

2717 Michael Angelo Drive, Suite 304  
Edinburg, TX 78539  
Phone: 956-362-2310  
Fax: 956-362-2323

Herrera, Carlos A., MD

### DHR Health Hematology Oncology

2717 Michael Angelo Drive, Suite 200  
Edinburg, TX 78539  
Phone: 956-362-2250  
Fax: 956-362-2251

Gummadi, Sarada, MD

### DHR Health Urology Institute Urology Oncology

2603 Michael Angelo Drive  
Edinburg, TX 78539  
Phone: 956-362-8767  
Fax: 956-362-2548

Alonzo, David, MD

### DHR Health Specialty Clinic (Brownsville)

4770 N. Expressway 77-83  
Suite 305A  
Brownsville, TX 78520  
Phone: 956-362-3980  
Fax: 956-362-3979

Herrera, Carlos A., MD

## OPHTHALMOLOGY

### DHR Health Eye Institute

5525 Doctors Drive  
Edinburg, TX 78539  
Phone: 956-362-2070  
Fax: 956-362-2074

Gelman, Rachel, MD  
Montes, Jorge A., MD

## ORTHOPEDIC SURGERY

### DHR Health Orthopedic Institute (Edinburg)

5540 Raphael Drive  
Edinburg, TX 78539  
Phone: 956-362-6683  
Fax: 956-362-6818

Kirk, Carissa N., DO  
Mendez, Salvador, MD  
Owen, Kip, MD, FAAOS  
Sander, Patrick W., MD  
Serra, Michael, MD  
Villarreal, Jaime, MD

### DHR Health Orthopedic Institute (Edinburg)

315 East Palm Drive, Suite B  
Edinburg, TX 78539  
Phone: 956-362-6890  
Fax: 956-362-6895

Elzaim, Haissam, MD

### DHR Health Orthopedic Institute (Mission)

1022 E Griffin Pkwy, Suite 108  
Mission, TX 78572  
Phone: 956-583-7111  
Fax: 956-583-7141

Kirk, Carissa N., DO  
Marina, Jose M., DO

### DHR Health Orthopedic Trauma Institute (Edinburg)

5519 Doctors Drive  
Edinburg, TX 78539  
Phone: 956-362-2421  
Fax: 956-362-2429

Crous III, Robert O., MD

### DHR Health Hand and Wrist Institute

5121 S. McColl Road  
Edinburg, TX 78539  
Phone: 956-362-6730  
Fax: 956-362-6745

Rodriguez, Sergio, MD

## PALLIATIVE CARE

### DHR Health Palliative Care

5111 S. McColl Road  
Edinburg, TX 78539  
Phone: 956-720-4721  
Fax: 956-720-4701

Castillo II, James W., MD

## PEDIATRIC SPECIALTIES

### DHR Health Diabetes and Endocrinology Institute Pediatric and Young Adult Clinic

2821 Michael Angelo Drive  
Suite 102B  
Edinburg, TX 78539  
Phone: 956-362-5650  
Fax: 956-362-2574

Gamez Godoy, Jose, MD  
Mulukutla, Surya Narayan, MD

### DHR Health Pediatric Emergency Services

5501 S. McColl Road  
Edinburg, TX 78539  
Phone: 956-362-5110  
Fax: 956-362-5164

Morrissey, William, MD

### DHR Health Pediatric Nephrology & Hypertension

2821 Michael Angelo Drive, Suite 101  
Edinburg, TX 78539  
Phone: 956-362-8200  
Fax: 956-362-8204

Siddique, Khurram, MD

### DHR Health Pediatric Orthopedic Surgery

2821 Michael Angelo Drive, Suite 102  
Edinburg, TX 78539  
Phone: 956-362-8205  
Fax: 956-362-8209

Lambat, Manish, MD

### DHR Health Pediatric Pulmonology

2821 Michael Angelo Drive, Suite 303  
Edinburg, TX 78539  
Phone: 956-362-8275  
Fax: 956-362-8281

Ayres, Roberto A., MD

**DHR Health Pediatric Urology Institute**  
2821 Michael Angelo Drive  
Suite 203  
Edinburg, TX 78539  
Phone: 956-362-2517  
Fax: 956-362-2612

Leslie, Jeffrey A., MD  
Marks, Andrew J., MD  
Prieto, Juan C., MD  
Raju, Gaayana A., MD

## PHYSICAL MEDICINE & REHABILITATION

**DHR Health Physical Medicine and Rehabilitation**  
1200 E. Savannah Avenue  
Suite 10  
McAllen, Texas 78503  
Phone: 956-362-6680  
Fax: 956-362-6688

Viswamitra, Saroja, MD

## PLASTIC & RECONSTRUCTIVE SURGERY

**DHR Health Plastic & Reconstructive Surgery Institute**  
1100 E. Dove Avenue, Suite 400  
McAllen, TX 78504  
Phone: 956-362-8160  
Fax: 956-362-8169

De La Garza, Mauricio, MD  
Mateo de Acosta, David, MD  
Moncada, Armando, MD

## RHEUMATOLOGY

**DHR Health Rheumatology Institute**  
5111 S. McColl Road  
Edinburg, TX 78539  
Phone: 956-362-2400  
Fax: 956-362-2404

Christensen, Angela, MD  
Dulgheru, Emilia, MD

## SCHOOL BASED HEALTH CENTER

**DHR Health Edinburg CISD School Based Health Center**  
1601 E. Sprague Street  
Edinburg, TX 78542  
Phone: 956-362-8383  
Fax: 956-362-8382

Gomez-Martinez, Marissa, MD

**DHR Health PSJA ISD School Based Health Center**  
1229 S. Veterans Boulevard  
San Juan, TX 78589  
Phone: 956-362-8365  
Fax: 956-362-8370

Madrid, Maria C., MD

## DHR Health PSJA ISD Employee Health Clinic

201 S. Gumwood  
Pharr, TX 78577  
Phone: 956-362-8060  
Fax: 956-362-8069

Madrid, Maria C., MD

**DHR Health PSJA ISD Sotomayor Women and Children's Health Center**  
1200 E. Polk Avenue, Building G  
Pharr, TX 78577  
Phone: 956-362-3970  
Fax: 956-362-3976

El-zaim, Diana Ruiz, MD

## TRANSPLANT

**DHR Health Transplant Institute Kidney Transplant Center**  
1100 E. Dove Avenue, Suite 200  
McAllen, TX 78504  
Phone: 956-362-5433  
Fax: 956-362-2420

Almeda, Jose L., MD  
Alsabbagh, Mourad, MD  
Thomas, Philip G., MD

**DHR Health Transplant Institute Hepatobiliary, Pancreas and Organ Transplantation Surgery Center**

1100 E. Dove Avenue, Suite 201  
McAllen, TX 78504  
Phone: 956-362-8030  
Fax: 956-362-8035

Almeda, Jose, MD  
Thomas, Philip G., MD

**DHR Health Transplant Institute Liver Specialty Center**  
1100 E. Dove Avenue, Suite 202  
McAllen, TX 78504  
Phone: 956-362-2410  
Fax: 956-362-2414

**DHR Health Specialty Clinic (Brownsville)**  
4770 N. Expressway 77-83  
Suite 305A  
Brownsville, TX 78526  
Phone: 956-362-3980  
Fax: 956-362-3979

Almeda, Jose, MD

## URGENT CARE

**DHR Health Urgent Care (McAllen)**  
800 E. Dove Avenue, Suite A  
McAllen, TX 78504  
Phone: 956-362-3278  
Fax: 956-362-5589

Cortinas, Diana, MD

**DHR Health Urgent Care (McAllen)**  
1421 N. Col. Rowe Boulevard  
McAllen, TX 78501  
Phone: 956-362-3278  
Fax: 956-362-5035

Bernal, Cruz A., MD

**DHR Health Urgent Care (Mission)**  
2121 E. Griffin Parkway, Suite 16  
Mission, TX 78572  
Phone: 956-362-3278

## UROLOGY

**DHR Health Urology Institute**  
2603 Michael Angelo Drive  
Edinburg, TX 78539  
Phone: 956-362-8767  
Fax: 956-362-2548

Alonzo, David, MD  
Espinoza, Manuel G., MD  
Feigl, Alexander, MD  
Mure, Amanda L., MD  
Olgin, Gaudencio, MD  
Ruiz, Henry, MD  
Sideris, Stylianos, MD  
Villegas, Gustavo, MD  
Vitko, Roger, MD

**DHR Health Specialty Clinic (Brownsville)**  
4770 N. Expressway 77-83  
Suite 305A  
Brownsville, TX 78526  
Phone: 956-362-3980  
Fax: 956-362-3979

**Espinoza, Manuel G., MD DHR Health Specialty Clinic (Rio Grande City)**  
201 N. FM 3167, Suite 106  
Rio Grande City, TX 78582  
Phone: 956-362-3920  
Fax: 956-362-3929

Feigl, Alexander, MD  
Mure, Amanda, MD  
Olgin, Gaudencio, MD  
Ruiz, Henry, MD  
Sideris, Stylianos, MD  
Villegas, Gustavo, MD  
Vitko, Roger, MD

**DHR Health Specialty Clinic (Weslaco)**  
505 Angelita Street, Suite 14  
Weslaco, TX 78599  
Phone: 956-362-8767 or 956-362-3720  
Fax: 956-854-4557

Espinoza, Manuel G., MD  
Sideris, Stylianos, MD

## VEIN

**DHR Health Vein Institute**  
1100 E. Dove Avenue, Suite 301  
McAllen, TX 78504  
Phone: 956-362-8690  
Fax: 956-362-8685

Garcia-Cantu, Carlos, MD  
Orfanos, John G., MD

**DHR Health Specialty Clinic (Rio Grande City)**  
2795 Pharmacy Road  
Rio Grande City, TX 78582  
Phone: 956-362-3930  
Fax: 956-362-3939

Orfanos, John G., MD

**DHR Health Specialty Clinic (Brownsville)**  
4770 N. Expressway 77-83  
Suite 305A  
Brownsville, TX 78526  
Phone: 956-362-3980  
Fax: 956-362-3979

Orfanos, John G., MD

## VISION CARE

**DHR Health Vision Care Center**  
5525 Doctors Drive  
Edinburg, TX 78539  
Phone: 956-362-2076  
Fax: 956-362-2084

# A TRANSPLANT FAMILY: FOREVER GRATEFUL

**ROSALINDA GARZA**, 37, was admitted to DHR Health because she had been vomiting and was short of breath. Doctors found she was dehydrated, but didn't have a fever. When blood work showed significantly reduced kidney function, doctors ordered more diagnostic testing, which revealed that Rosalinda would need a kidney transplant. She was placed on the transplant list on March 1, 2019. While waiting, she began dialysis.

At first, Rosalinda planned to go to Houston for the transplant, but her dialysis doctor recommended the DHR Health Transplant Institute, which is certified by both the Centers for Medicare & Medicaid Services (CMS) and the United Network for Organ Sharing (UNOS).

Rosalinda's older brother and her sister each offered to be tested to see if they were a living donor match. Only one potential donor is tested at a time, and doctors recommended beginning with her brother, who turned out to be a match.

"We're really close and protective of each other," says Rosalinda of her supportive family. "If something were to happen to any of us, we'd be there for each other. When I first got sick, my sister moved here from Houston and since then has cooked for me, taken me to appointments and been a big help."

Rosalinda had her kidney transplant at the DHR Health Transplant Institute on October 1, 2019. "My experience was truly awesome," she says. "The staff is very attentive and made me feel safe and secure."

Rosalinda is particularly grateful for the excellent care she received from her nephrologist, Sergio Trevino Manllo, MD, and her transplant nephrologist, Mourad Alsabbagh, MD. She appreciates that the needs of her loved ones were taken care of, too. "My fiancé was so impressed by how often they were checking on me to make sure I was feeling well. They even brought him food, knowing that he hadn't eaten all day. My brother, who was my donor, also felt that everyone was very welcoming and attentive. I'm so grateful for the staff and everyone at the hospital."

After her transplant, Rosalinda had appointments with her doctor twice and sometimes four times a week. Toward the end of her recovery, when her appointments began to be spaced a month apart, Rosalinda became anxious because she wasn't seeing her doctors and nurses as often and feared something might go wrong. Without hesitating, Dr. Alsabbagh gave her his cell phone number.

Rosalinda's mother expressed her gratitude in a Facebook post: "Y'all have gone above and beyond making our experience a great and comfortable one. If it wasn't for your professionalism and care, this wouldn't have been possible. We will forever be grateful and have nothing but love towards y'all and the work you do."



Right: Rosalinda Garza (center) with her brother, Margarito, who donated the kidney she received, and her sister, Lupita, who helped care for her before and after her transplant. Below: Rosalinda helps decorate La Plaza Mall's Giving Tree, dedicated to those who have given the gift of life through organ, eye and tissue donation.





DHRHealth

# EDINBURG CAMPUS

Trenton Rd.

29

Cornerstone Blvd.

McColl Rd.



Alberta Rd.

## EAST CAMPUS

## WEST CAMPUS

Paseo Del Prado

Michael Angelo Dr.

10

22

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Doctors Dr.

Leonardo Dr.

Raphael Dr.

Renaissance Dr.

2nd St.

Jackson Rd.

Dove Rd.

"G" St.

N. "L" St.

McColl Rd.

## SOUTH CAMPUS

23

24

25

26

27

28

## WEST CAMPUS

- 1** DHR Health  
5501 S. McColl Rd., Edinburg, TX 78539  
(956) DOCTORS (362-8677)
  - Admitting: (956) 362-7716
  - Emergency/Trauma: (956) 362-5100
  - Pediatric Emergency: (956) 362-5437
  - Financial Counseling: (956) 362-7730
  - Lab (Inpatient): (956) 362-7652
  - Neuro ICU: (956) 362-5245
  - OR/ Surgery: (956) 362-7400
  - Pre-Registration: (956) 362-3470
  - Radiology: (956) 362-7500
  - Pediatrics: (956) 362-5330
- 2** Renaissance Laboratories  
5501 S. McColl Rd., Edinburg, TX 78539  
(956) 362-5620
- 3** DHR Health Vision Care  
5525 Doctors Dr., Edinburg, TX 78539  
(956) 362-2076
- 3** DHR Health Eye Institute  
5525 Doctors Dr., Edinburg, TX 78539  
(956) 362-2070
- 3** DHR Health Orthopedic Trauma  
5519 Doctors Dr., Edinburg, TX 78539  
(956) 362-2421
- 4** DHR Health Care Link  
5513 Doctors Dr., Edinburg, TX 78539  
(956) 362-5465
- 4** DHR Health Wound Care  
5509 Doctors Dr., Edinburg, TX 78539  
(956) 362-5525
- 4** Information Technology Services  
5513 Doctors Dr., Edinburg, TX 78539  
(956) 362-7799
- 5** DHR Health Imaging Center  
5521 Doctors Dr., Edinburg, TX 78539  
(956) 362-7570
- 5** DHR Health Therapy Institute  
5521 Doctors Dr., Edinburg, TX 78539  
(956) 362-6636
- 6** DHR Health Rehabilitation Hospital  
5403 Doctors Dr., Edinburg, TX 78539  
(956) 362-3550
- 7** DHR Health Institute for Research and Development  
5321 S. McColl Rd., Edinburg, TX 78539  
(956) 362-2385
- 7** DHR Health Research Institute  
5323 S. McColl Rd., Edinburg, TX 78539  
(956) 362-2378
- 8** DHR Health Physical Medicine and Rehabilitation  
5323 S. McColl Rd., Edinburg, TX 78539  
(956) 362-6561
- 9** DHR UTRGV Internal Medicine Center  
5423 S. McColl Rd., Edinburg, TX 78539  
(956) 362-3575
- 10** DHR Health Care Path  
5111 S. McColl Rd., Edinburg, TX 78539  
(956) 362-3790
- 10** DHR Health Rheumatology Institute  
5111 S. McColl Rd., Edinburg, TX 78539  
(956) 362-2400
- 11** DHR Health Hand and Wrist Institute  
5121 S. McColl Rd., Edinburg, TX 78539  
(956) 362-6730

## EAST CAMPUS

- 11** DHR Health Women's Hospital  
5502 S. McColl Rd., Edinburg, TX 78539  
(956) 362-BABY (362-2229)
  - Antepartum: (956) 362-4020
  - Emergency/Triage: (956) 362-4061
  - Gynecology: (956) 362-4251
  - Labor & Delivery: (956) 362-4630
  - NICU: (956) 362-4401
  - Nursery: (956) 362-4451
  - Pre-Op: (956) 362-4900
  - Postpartum: (956) 362-4510
  - Recovery: (956) 362-4950
  - Surgery: (956) 362-4915
- 12** DHR Health Day Surgery  
5520 Leonardo Da Vinci, Edinburg, TX 78539  
(956) 362-2900
- 12** DHR Health Gastroenterology Institute  
5520 Leonardo Da Vinci, Ste. 100, Edinburg, TX 78539  
(956) 362-3636
- 13** DHR Health Orthopedic Institute  
5540 Raphael Dr., Edinburg, TX 78539  
(956) 362-MOVE
  - DHR Health Orthopedic and Sports Therapy Institute: (956) 362-6870
- 14** DHR Health Behavioral Hospital  
5510 Raphael Dr., Edinburg, TX 78539  
(956) 362-HELP (362-4357)
- 15** DHR Health Medical Tower  
2821 Michael Angelo Dr., Edinburg, TX 78539
  - DHR Health Diabetes and Endocrinology Institute: Pediatric and Adolescent: (956) 362-5650
  - DHR Health Maternal Fetal Medicine: (956) 362-2470
  - DHR Health Gynecology Oncology: (956) 362-2310
  - DHR UTRGV Women's Health Center: (956) 362-3590
  - DHR Health Neurology: (956) 362-2440
  - DHR Health Pediatric Nephrology and Hypertension Institute: (956) 362-8200
  - DHR Health Pediatric Orthopedic Surgery: (956) 362-8205
  - DHR Health Pediatric Pulmonology: (956) 362-8275
  - DHR Health Pediatric Urology Institute: (956) 362-2517
- 16** DHR Health Oncology Institute  
2717 Michael Angelo Dr., Edinburg, TX 78539  
(956) 362-2120
  - » Physician & Patient Hotline: (956) 362-2873
- 17** DHR Health Urology Institute  
2603 Michael Angelo Dr., Edinburg, TX 78539  
(956) 362-8767
- 18** DHR Health Diabetes and Endocrinology Institute  
2609 Michael Angelo Dr., Edinburg, TX 78539  
(956) 362-5650
  - » Outpatient Infusion: (956) 362-5440
- 19** DHR Health Bariatric and Metabolic Institute  
5500 Raphael Dr., Edinburg, TX 78539  
(956) 362-LOSE (362-5673)
  - » Pre-Admission Testing: (956) 362-5570
  - » Registration: (956) 362-3470
- 20** Edinburg Conference Center at Renaissance  
118 Paseo Del Prado, Edinburg, TX 78539  
(956) 362-3140
- 21** Support Services at Del Prado  
101 Paseo Del Prado, Edinburg, TX 78539
  - Business Office: (956) 362-3300
  - Employee Health: (956) 362-3655
  - Human Resources: (956) 362-3200
  - Marketing: (956) 362-3100
  - Materials Management: (956) 362-3288
  - Medical Records: (956) 362-3448
  - Volunteer Services: (956) 362-3203

## SOUTH CAMPUS

- 23** DHR Health Urgent Care  
800 E. Dove Ave., McAllen, TX 78504  
(956) 362-5050
- 24** DHR Health Pre-Admission Testing  
1000 E. Dove Ave., Ste. 100, McAllen, TX 78504  
(956) 362-5570
- 24** DHR UTRGV Family Medicine Center  
1000 E. Dove Ave., McAllen, TX 78504  
(956) 362-3520
- 25** DHR Health Medical Office Tower  
1100 E. Dove Ave., McAllen, TX 78504
  - DHR Health Breast Center of Excellence: (956) 362-5120
  - DHR Health Ear, Nose and Throat Institute: (956) 362-2490
  - DHR Health Imaging Center at Dove: (956) 362-8640
  - DHR Health Plastic and Reconstructive Surgery Institute: (956) 362-8160
  - DHR Health Surgery Institute: (956) 362-8700
  - DHR Health Transplant Institute: (956) 362-5433
  - DHR Health Transplant Institute Hepatobiliary, Pancreas, and Organ Transplantation Surgery Center: (956) 362-2200
  - Liver Specialty Center: (956) 362-2410
  - DHR Health Liver Specialty Center: (956) 362-5433
  - DHR Health Women's Imaging Center at Dove: (956) 362-8600
- 26** UTRGV Medical Research Facility
- 27** The Village at Renaissance  
Apartment Complex  
1008 E. Dove Ave., McAllen, TX 78504  
(956) 638-4613
- 28** The Village at Renaissance  
Townhouses  
1012 E. Dove Ave., McAllen, TX 78504  
(956) 638-4613

## OFF CAMPUS

- 29** DHR Health Hospice  
422 E. Dove Ave., McAllen, TX 78504  
(956) 362-0500



## DHR HEALTH RIO GRANDE VALLEY LOCATIONS

### BROWNSVILLE

- DHR Health Specialty Clinic
  - Bariatric Surgery
  - Diabetes Management
  - Dietitian
  - Gynecologic Oncology
  - Minimally Invasive Surgery for Varicose Veins
  - Neurology
  - Pediatric and Adult Neurosurgery
  - Pediatric Diabetes and Endocrinology
  - Gender Care Clinic
  - Transplant Surgery
  - Urology
- Renaissance Laboratories

### EDINBURG

- DHR Health Edinburg CISD School Based Health Center
- DHR Health Main Campus
- DHR Health Urgent Care
- Renaissance Laboratories

### ELSA

- DHR Health Heart Institute

### HARLINGEN

- DHR Health Heart Institute
- Renaissance Laboratories

### MCALLEN

- DHR Health Heart Institute
- DHR Health Heart Institute Cardiovascular Surgery
- DHR Health Imaging Center
- DHR Health Neurology Institute
- DHR Health Urgent Care
- Renaissance Laboratories

### MISSION

- DHR Health Imaging Center
- DHR Health Specialty Clinic
  - Cardiology
  - Diabetes Management
  - Ear, Nose, & Throat
  - Gastroenterology
- DHR Health Urgent Care
- Renaissance Laboratories

### PHARR

- DHR Health PSJA ISD Employee Health Clinic
- DHR Health PSJA ISD School Based Health Center
- DHR Health PSJA ISD Sotomayor Women and Children's Health Center

### SAN BENITO

- DHR Health Advanced Care Center

### WESLACO

- DHR Health Imaging Center
- DHR Health Specialty Clinic
  - Cardiology
  - Diabetes Management
  - Ear, Nose, & Throat
  - Gastroenterology
  - General Surgery
  - Orthopedics
  - Urology
- Renaissance Laboratories

### RIO GRANDE CITY

- DHR Health in Affiliation with Starr County Memorial Hospital
- DHR Health Specialty Clinic
  - Bariatric Surgery
  - Cardiology
  - Diabetes Management
  - Ear, Nose, & Throat
  - Gastroenterology
  - General Surgery
  - Neurology
  - Urology