

Community Resource Guide 2023



DHRHealth

For You. For Life.

UTILITY RESOURCES

United Way of South Texas	(956) 686-6331	113 W. Pecan Blvd. McAllen, TX 78501
Hidalgo County Community Service Agency	(956) 383-6240	www.hidalgocsa.org
Salvation Army	(956) 682-1468	1600 N. 23rd St. McAllen, TX 78501
Catholic Charities of the Rio Grande Valley	(956) 702-4088	www.catholiccharitiesrgv.org

HOUSING RESOURCES

The Salvation Army	(956) 682-1468	1600 N. 23rd St. McAllen, TX 78501
The Salvation Army	(956) 423-2454	201 E. Monroe Ave. Harlingen, TX 78550
La Posada Providencia (Immigration and Asylum Seekers)	(956) 399-3826	30094 Marydale Rd. San Benito, TX 78586
Endeavors (Veteran Resource)	(210) 431-6466	1130 Pecan Blvd. McAllen, TX 78501
Texas Department of Housing and Community Affairs	1-800-525-0657	www.tdhca.state.tx.us
Housing Authority of Hidalgo	(956) 969-5865	www.hidalgocha.org

FOOD RESOURCES

Food Bank of the Rio Grande Valley	(956) 682-8101 option 2	724 North Cage Blvd. Pharr, TX 78577
Meals on Wheels	(956) 682-3481	301 W. Railroad St. Weslaco, TX 78596
Amigos Del Valle, Inc.	(956) 213-9400	212 W. 18th St. Mission, TX 78572
The Salvation Army of Hidalgo County & McAllen	(956) 682-1468	1600 N. 23rd St. McAllen, TX 78501

TRANSPORTATION RESOURCES

Texas 211 – Information center for transportation and other resources	Call 211	www.211texas.org
Valley Metro Services – Public transportation services throughout the Rio Grande Valley	1-800-574-8322	
Texas Health and Human Services (Medicaid Members)	877-633-8747	

SAFETY RESOURCES

Mujeres Unidas (domestic violence & sexual assault)	(956)-630-4879 24-hour hotline: (800) 580-4879	420 N. 21st St. McAllen TX, 78501
Family Crisis Center, Inc. (Domestic violence & rape crisis center)	(956)-423-9304 24-hour hotline: (866) 423-9304	616 W. Taylor Ave. Harlingen, TX 78550
Texas 211	Call: 211	www.211.org
Tropical Texas Behavioral Health: Mental health crisis support line	1-877-289-7199	
Suicide and Crisis Lifeline	Call or text 9-8-8	
National Human Trafficking Hotline	888-373-7888	
Veterans Crisis Line	9-8-8 (press 1)	
Domestic Violence Hotline	800-799-7233	
Behavioral Health Solutions of South Texas (Drug and Alcohol Recovery)	(956) 787-7111	5510 N. Cage Blvd., Ste. C Pharr, TX 78577
Texas Rio Grande Legal Aid (Survivors of Sexual Assault & Abuse)	800-991-5153	
United Way of Texas	(956)-686-6331	113 W. Pecan Blvd. McAllen, TX 78501

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